

Frequently Requested Info

Media/Press Contact

Doreen Patrick
630-985-2455
doreen@lifeisfabulous.com

Speaker Contact

360-539-9080
sandra@lifeisfabulous.com

Customer Service

1-866-788-0723
Call us. We're here for you.

Online

Visit LifeIsFabulous.com for Sandra's events, newsletter sign up, blog, and latest products.

Corporate Address

Aspire Seminars
PO Box 3603
Lacey, WA 9809-3603
360-539-9080

"This book shows you how to release your brakes, overcome your limitations and achieve your full potential!"

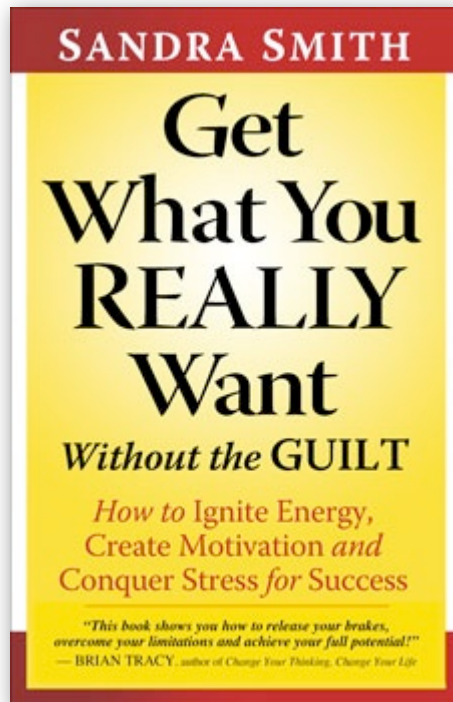
—Brian Tracy



Sandra Smith, Speaker & Author

life is *fabulous*

SUCCESSFUL LIVING MADE SIMPLE



January 14, 2009 marks the release of Sandra Smith's amazing book, **Get What you REALLY Want Without the Guilt**. If you want to create a passionate and purposeful life, Sandra has written a book just for you. She shows you how to get unstuck, achieve what you want to achieve, and create a life that is successful because it is in alignment with your values and beliefs.

Voted "#1 Personal Favorite" by readers and is described as an exceptionally simple and helpful book.

In Sandra's book, you will learn how to accept yourself just as you are, strengthen yourself to go after what you really want, and create a life so fantastic that you can't wait to get up in the morning—all without the guilt.

As you use the simple tips and strategies, you will feel stronger, more confident, and happier almost immediately both at work and at home.

Discover how to:

- ❖ Find a purpose for getting up in morning.
- ❖ Motivate yourself even when you're stressed out.
- ❖ Get rid of clutter—make room for what you really want.
- ❖ Attract the people and things you want in your life.
- ❖ Know what you want, ask for it, and take action.
- ❖ Find and embrace your true essence.
- ❖ Develop mental and emotional inner strength.
- ❖ Choose your focus from positive, encouraging thoughts.
- ❖ And more!

This book will help, encourage, and strengthen you to live your best life—without the guilt. Why not start today? Go grab yourself a copy. Life Is Fabulous!

life is *fabulous*

SUCCESSFUL LIVING MADE SIMPLE

Tel +1.360.539.9080 | 866.788.0723 | Fax 866.826.8361 | lifeisfabulous.com